

Healthy Aging Communication Network

Living Stronger & Longer

The Arizona Healthy Aging Communication Network would like to invite you & your staff to attend the upcoming webinar:



Diabetes Self-Management & Older Arizonans **Thursday, November 29th** **9:00am – 10:00 am**

Presented by
Donna Zazworsky, MS, RN CCM, FAAN
Gwen Gallegos, FNP, MS, CDE
Carondelet Health Network

To register please contact Andy Weiler at weilera@azdhs.gov or at 602-542-2954.

Self-management of diabetes is a critical step in avoiding complications such as cardiovascular disease, blindness, kidney disease and loss of limbs. Older adults with diabetes have Medicare preventive benefits for self-management education but many do not participate in these important programs.

Join us to learn:

- How important and effective self-management programs can be for older adults.
- The role of the Certified Diabetes Educator (CDE) in self-management training and obtaining coverage by Medicare and other health plans.
- Which diabetes programs & services are available for reimbursement by Medicare and other health plans.
- How to find a diabetes self-management program in Arizona.

You may attend by phone and computer or just by phone.

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November is National Diabetes Awareness Month. Join us to learn more!